

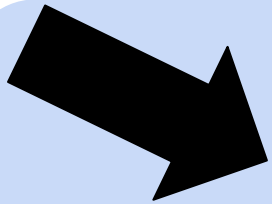


H.E Bourgoin Middle School

# Bear Facts

Newsletter September 29th-Oct 3rd

Please note that our end of the day bell schedule has changed. End of the day dismissal is now 3:10pm for first round busses, students being picked up and in town students. At 3:15pm second round



## School Council

Come Join our First School Council Meeting:

**TONIGHT at 6:00 pm**

In the HEB Learning Commons

Are you ready to make a tangible difference this year? We are actively seeking Parent Representatives to fill spots on the School Council. We need your perspective to ensure our school continues to meet the needs of all our families.

No prior experience is required

## School Messages

We've been told that some of you may not be receiving our school emails. This usually happens when: An email address was accidentally "unsubscribed" or marked as spam, or blocked.

To fix this please:

Add our sender address to your contacts/safe list.

Please add: [insert your district/school messenger sending email address here]

If you accidentally unsubscribed: Go to [www.schoolmessenger.com/start](http://www.schoolmessenger.com/start)

Create/Log in to your account using the email address you gave the school.

Under Preferences, make sure Email is **turned ON**.

If problems continue, contact your email provider's support or let the school office know so we can help. This will ensure you don't miss important updates, reminders, or emergency messages.

On Friday, September 26th, we encourage all students to **wear orange** or their ribbon skirt to observe the National Day for Truth and Reconciliation and Orange Shirt Day. This is an important day to honor the Survivors of residential schools, their families, and communities.

### Volleyball Practices:

#### Tues & Thurs

3:30 – 4:30 Jr Boys

4:30 – 6:00 Sr Boys

#### Mon & Wed

3:30– 4:30 Jr Girls

4:30–6:00 Sr Girls

### Cross Country Running Practices

Tues 3:30–4:30

No practice on Wednesday Oct 1st

### ***Hot Lunch!!***

October 3rd– Mcdonalds [Order Here](#)

October 10th– No School

October 17th– Pizza [Pizza Order Here](#)

## Upcoming Events

September 25th– Sr Girls Volleyball Game 4:00 pm

September 25th– School Council Meeting 6:00 pm

September 26th– Observing National Day For Truth and Reconciliation– Please wear orange or your ribbon skirts

September 29th– No School

September 30th– No School

October 2nd– Cross Country

October 10th– No school

October 13th– Happy Thanksgiving No School

October 31– Halloween Dance

## Event Info

### **Grade 5/6 Jr Volleyball**

No Jr boys practice next Thursday, October 2nd because the SR girls have a home game at 4:00 pm. JR's First game will be Oct 6 – location to be determined. Information package to follow, once the schedule is finalized.

### **Grade 7/ 8 SR Volleyball**

Practices continue as usual. Volleyball Tournament Saturday, September 27th, 2025 in Plamondon. Information package to follow, once the schedule is finalized. There is NO Concession there so please pack a lunch and snacks. Sr Girls home game Oct, 2nd @4:00

**Cross Country Running** –The Run is on October 2nd in Cold Lake at the Provincial Park  
If you have any questions please contact Mrs.Ferbey at [alysha.coates@nlsd.ab.ca](mailto:alysha.coates@nlsd.ab.ca)

# Terry Fox Run

Thanks to your generous donations of a toonie or more, our Terry Fox Run was a huge success. Together, we're keeping Terry's legacy alive and raising money for a great cause. We were able to raise more than \$600 dollars!



Friday, Sept 26 we are having an assembly from 11:00–12:00 pm. Parents you are more than welcome to join if you like. Please call the office and let us know if you would like to attend and we will save you a seat!

Wear orange and ribbon skirts on Sept 26 to observe National Day for Truth and Reconciliation.

**Dancing the Red Path** includes various pow wow dance styles and their histories. 5 dancers share their dance styles with the traditional stories of each dance being shared.

The performance finale is a spectacular Hoop Dance!



*Keweenaw  
Native  
Dance  
Theatre*

*Dancing the Red Path*

**INCLUDES VARIOUS POWWOW DANCE  
STYLES & THEIR HISTORIES**