



H.E Bourgoin Middle School

Bears Facts

Newsletter April 7th - April 11th

H.E.Bourgoin Mission Statement:

We develop confident learners who are caring community members through respect, opportunity, kindness and safety.

HEB ROKS

Stacy Sartain as Edwin Parr Teacher Award Nominee

HUGE Congratulations to our very own Grade 6 teacher Stacy Sartain for being the Northern Lights Public Schools Board of Trustees nominee for the 2025 Alberta School Boards Association (ASBA) Edwin Parr Teacher Award. Each year, the ASBA recognizes outstanding first-year teachers across Alberta with the Edwin Parr Award. Sartain was chosen for her ability to connect with students and create a supportive, inclusive learning environment."Stacy has a natural instinct for building relationships with kids," said Tracy Casselman, Principal of H.E. Bourgoin School (HEB). "She comes to school every day with a smile and a caring heart. Her class has a variety of needs, and she always finds creative ways to engage and support her students. She takes time to check in with them regularly, especially on Mondays after the weekend, and often uses community circles to encourage open conversations. You'll often find her sitting right on the floor with her students, making sure everyone feels included." To read more click on the link—. Edwin Parr Award

Nominee



Supports & Services

Did you know we have many quiet spaces at HEB to support students with their learning needs? This is one such great place in our Learning Commons, where students can quietly use speech to text for a writing assignment or an alternate space to complete an assessment.



ROK TALK

In ROK Talk, we're taking a step back before diving into the neurotype of *autism* to explore the broad spectrum of neurotypes and how people learn.

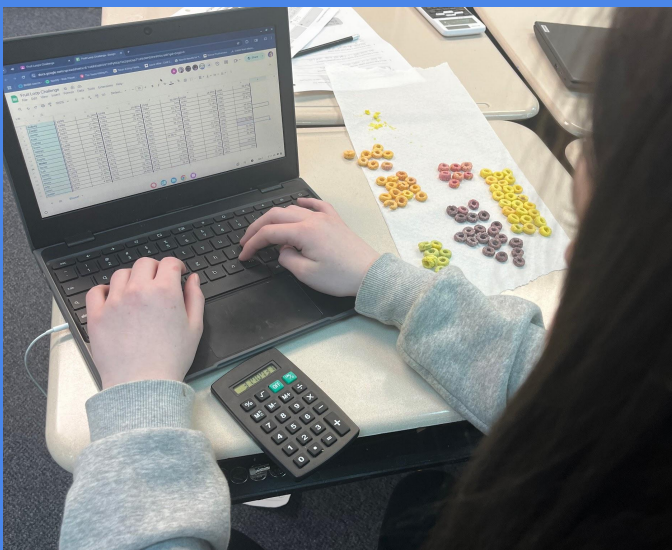
Be on the lookout for the upcoming activity book! It will include questionnaires to help you identify different learning styles and see which ones resonate with you. Do you and your kiddo share the same learning style?

In the weeks ahead, we'll be diving deeper into a few specific neurotypes, exploring how they shape the way people think, learn, and experience the world.

I'd love to hear your thoughts! Feel free to email Mrs. Malo at whitney.malo@nlsd.ab.ca.

Quality Teaching– Numeracy

In 7C the students each received half a cup of fruit loops and had to try and figure out the fraction and the percentage of each colour.



Athletics

TRYO– MON & WED
3:30–4:30

NOVICE– MON & WED
3:30– 4:30

JUNIORS– MON & WED
4:30–6:00

INTERMEDIATE– MON & WED
4:30– 6:00

HOT LUNCH



Tuesday— Lakeland Grill

Two piece chicken fingers
and fries

Wednesday— Express Pizza

Baked Spaghetti

Thursday— Lakeland Grill

Beef Taco Salad

[Order here](#)

Upcoming Events

April 7th— Lego Club 3:25 – 4:30

April 8th— Coloring Club 3:25 – 4:30

April 9th— Art & Origami Club 3:25 – 4:30

April 10th— Running/Wellness Club 3:25 – 4:30

April 11th— Board Games 3:25– 4:30

April 7th— Foundation Annual General Meeting 6 pm

April 7th— Badminton Wards

April 10th— School Council Meeting 6:30 pm

April 11th— Spring "Break"fast

April 14th–21st— Spring Break No School

— Happy Easter

May 1st— Community Kindness Breakfast

May 5th–9th— Mental Health Week

May 29th— Beetlejuice The Musical

Safe & Caring

It's warming up outside, and that means puddles, mud, and super wet feet!

Remember to stay out of ALL puddles to keep your feet and outside shoes dry.

Don't forget to bring an extra pair of socks and pants to school, just in case you do get a little wet! 🧦 👖

Please also make sure you have both indoor and outdoor shoes.



School Council

Join us for our Next Meeting:

Thursday, April 10th at 6:30 pm

School Council Fundraiser

FlipGive is an easy way to
help fundraise for our Bears!

<https://www.flipgive.com/c/163506>

A percentage of your purchases will be given back
to the H.E.B. Fundraising Foundation



Grade 5 Fundraiser

The Grade 5 classes at H.E. Bourgoin are selling beautiful flowers and plants again this year to help in our efforts to raise money for our year-end field trip. Plants are a great way to encourage our friends to get out into the garden while choosing to support a healthy fundraiser!

[Grade 5 Fundraiser Link](#)



2025 Central Wards Host Schools

This list is from last year so the categories may change due to registration numbers.

Tuesday, April 8th (Tyro/Novice)

HEB (3 courts)→Tyro Boys Singles and Doubles

Dr. B (4 courts) → Tyro Girls Singles and Doubles

EBL (4 courts) →Tyro Mixed Doubles, Novice Mixed Doubles,
and Novice Boys Singles

BCHS (4 courts) →Novice Girls Singles, Novice Girls & Boys
Doubles

Thursday, April 10th (Jr./Inter./Sr.)

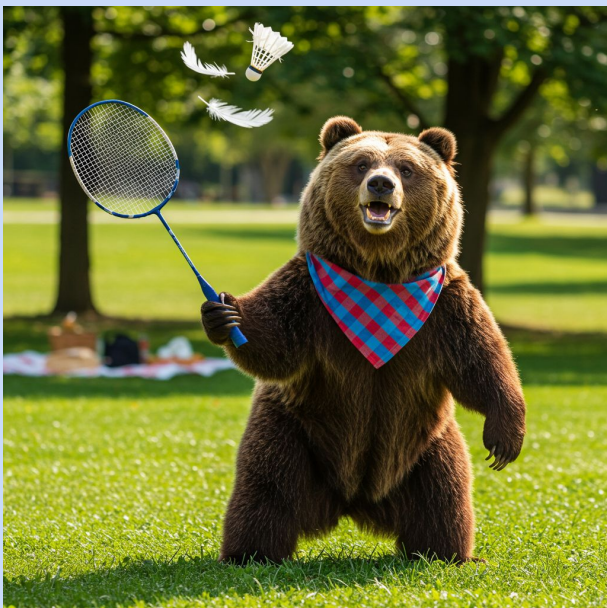
HEB (3 courts) → Junior Boys Singles and Doubles

Dr. B (4 courts) → Junior Girls Singles and Doubles

EBL (4 courts)→ Intermediate Boys Singles and Doubles,
Intermediate Girls Doubles

NDHS (4 courts) →Senior Boys Singles and Doubles and
Senior Girls Singles and Doubles

BCHS (4 courts) →Intermediate Girls Singles, Junior Mixed
Doubles, Intermediate Mixed Doubles, Senior Mixed Doubles



VOLUNTEER! ★

Duclos H.E. Bourgoin

Support Group Foundation

★ Annual General Meeting

COME AND JOIN US FOR AN
OPPORTUNITY TO LEARN HOW TO HELP
OUR SCHOOLS GROW

April 7, 2025 @ 6:00 PM
HEB School Library

COME AND LEARN ABOUT THE BENEFITS OF
VOLUNTEERING AND HOW YOU
CAN MAKE A DIFFERENCE.

More info
here!



[Or click here for more info!](#)